



# October 2019

All meals served with 1% white milk and either chocolate or strawberry non-fat

## Important School Dates for

### October:

Thursday, October 3<sup>rd</sup> – Pre-K- 1<sup>st</sup> grade Pumpkin Patch

Tuesday, October 8<sup>th</sup>- Portland Opera

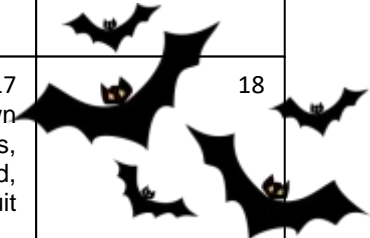
October 11<sup>th</sup> Adventure Friday


October 21<sup>st</sup> -25<sup>th</sup> – Book Fair

October 21<sup>st</sup> -25<sup>th</sup> -- Fall Parent-Teacher-Student Conferences

October 23<sup>rd</sup> Rodeo Clown Anti-Bullying Assembly

October 28<sup>th</sup> –October 31<sup>st</sup> Spirit Week



Monday	Tuesday	Wednesday	Thursday	Friday
September 30 Chicken Nuggets French fries, Veggies, Fruit	1 Super Nachos, veggies, fruit	2 WG Pizza Rippers, Salad, Veggies, Fruit	3 Turkey in Gravy, Mashed Potatoes, Green Beans, Whole Grain Roll, Fruit	4
7 Hot Turkey & Ham w/ cheese Sub Sandwich, WG Tortilla Chips, Veggies, Fruit	8 Burrito, Brown Rice and Beans, Salsa, Salad, Veggies, and Fruit	9 WG Pizza Rippers, Salad, Veggies, Fruit	10 Corn Dogs, Veggies, French fries, fruit	11 Adventure Friday Chicken Nuggets, Chips, Fruit, Dessert
14 Lasagna Roll- Ups, Whole Grain Roll, veggies, and Fruit	15 Chicken on a WG bun, lettuce, tomatoes, French fries, fruit	16  WG Pizza Rippers, Fresh Salad, Corn, Fruit	17 Burrito, Brown Rice and Beans, Salsa, Salad, Veggies, and Fruit	18
21 Chicken Nuggets French fries, Veggies, Fruit	22 Hamburger lettuce, tomatoes, French fries, fruit	23 WG Pizza Rippers, Salad, Corn, Fruit	24 Tacos, Brown Rice, Vegetables, Refried Beans, Salsa, Fruit	Friday 25
Monday the 28 <sup>th</sup> Burritos, Brown Rice, Beans, Salsa, Salad, Veggies, and Fruit		Tuesday the 29 <sup>th</sup> Spaghetti, garlic cheese bread, salad, fruit	Wednesday the 30 <sup>th</sup> Pizza Rippers, Salad, Corn, and Fruit,	Thursday the 31 <sup>st</sup> Dutch Waffles, sausage, veggies, fruit
Mondays WG breakfast pizza, cereal, yogurt, fruit	Tuesdays W G pretzel, cheese stick, HB egg, cereal, yogurt, fruit	Wednesdays egg sandwich cereal, yogurt, fruit	Thursdays cereal, sausage on a stick, yogurt, fruit	Fridays Cooks Choice will be served on regular school days reset to Fridays

Paterson School is an equal opportunity provider and employer. Menu subject to change due to availability of food.

